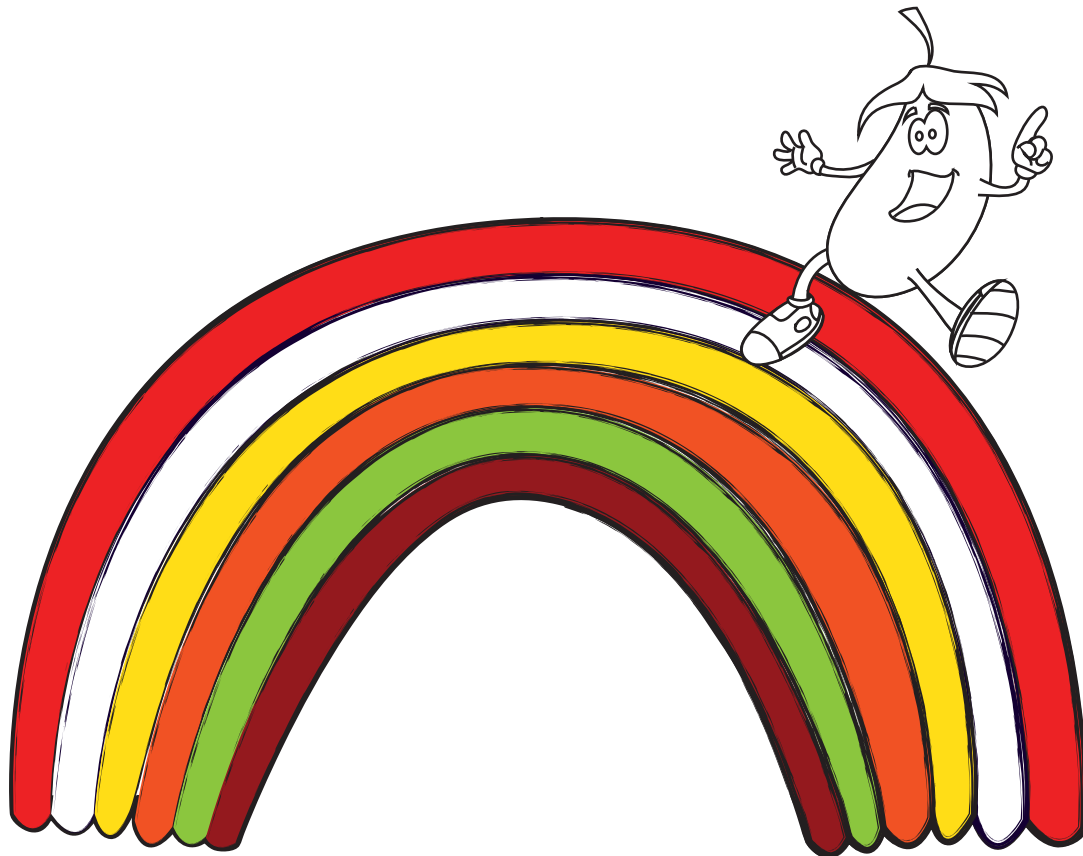




EAT A RAINBOW EVERYDAY

Meet Eric the Eggplant.

Finish this rainbow by colouring in the missing colour.
Then decorate the page with other fruits and vegetables of the same colour.



The different colours in fruits and vegetables have different nutrients in them and have different health benefits.

Purple fruits and vegetables increases calcium absorption for bone growth and help support healthy digestion.